



THE POLO EXPRESS

JANUARY/FEBRUARY 2021

Community Newsletter for Polo Trace Homeowners

**JOIN US FOR
JUKEBOX BINGO!**

**COME TO THE
MOVIE NIGHT!**



**ATTEND OUR
VALENTINE'S
DINNER!**

Take a look inside to see what is happening at The Polo Trace Swim & Racquet Club

Contacts

Swim & Racquet Club

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Lifestyle

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Property Management

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The Palms at Polo Trace

Matt Morse, *General Manager*
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Reservations & Takeout Orders
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Tennis & Pickleball

Eden Lica, *Director/Head Pro*
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From Your *Lifestyle Director*



Dear Residents,

Happy New Year! Last year was different but nonetheless, we were able to hold events and create lasting memories here at Polo Trace. I cannot wait to see what this year brings. I look forward to your smiling faces at

the events and activities we have planned. This newsletter is just one of the many ways we will keep you updated on everything we offer here at Polo Trace. A PDF of the newsletter will be posted online as well so please make sure you visit our Lifestyle Website at www.polotrancelifestyle.com. There you will see information on HOA events, clubs, fitness, tennis, pickleball, restaurant, and more!

Please be mindful of deadlines when planning your event attendance! It is imperative that you RSVP by the deadline to avoid cancellation of any event. If you have any issues or difficulties paying for any of our events, please contact me so I may assist you!

You should be receiving weekly e-mails regarding all activities here at the clubhouse. If not, please make sure my e-mail address is saved as a contact with your provider so it does not go to your junk/spam folder.

My office hours are Monday through Friday from 9 a.m. to 5 p.m. with the exception of lunch. Your feedback is extremely important and your participation is appreciated! My goal is to provide you and your family with the best lifestyle and to ensure great memories while living here! I look forward to meeting you all!

Cheerfully yours,

Jaime Bralts



A Letter From *Property Management*

Dear Residents,

Happy New Year from your management team! We hope you are enjoying The Swim & Racquet Club. Please come visit the amenities that are here for you to use. We have a gym you can utilize 24 hours daily, two pools that are open from dawn to dusk, and state-of-the-art tennis and pickleball courts available. Please read the weekly community update to see what else is open!

The management team wants to extend a warm welcome to the residents. Although our offices are closed, please feel free to e-mail or call us to make an appointment to come in. We are here to assist you with questions and issues relating to the community. If you are thinking of improving the exterior of your home, we can help with the submission process of the architectural review application to obtain approval. In addition, we can help with landscaping, irrigation, obtaining key FOBS, gate transponders, and more.

If you see something out of place or broken here at The Swim & Racquet Club, please bring it to our attention so we can address it in a timely matter. Akamie and I look forward in assisting you with your needs here at Polo Trace!

Sincerely,

Your Management Team,

Ron Janarek & Akamie Insardi



Stay Connected

Our community website is designed to make it easy to get information of what is happening here at The Swim & Racquet Club. Please visit any of the places below to get the latest on HOA Events, Clubs, Fitness, Tennis & Pickleball, Restaurant, and more!



@polotrancelifestyle
@thepalmsatpolotrace



@polotrancelifestyle



www.polotrancelifestyle.com

HOA EVENTS

MOVIE NIGHT

Friday, January 29th

7:00 p.m. Poolside

\$12/person

Come enjoy the movie *Ferris Bueller's Day Off* poolside on the big screen! Seats will be socially distanced and popcorn, soda, and water will be served. Masks must be worn while not seated in your chairs. RSVP online by Wednesday, January 27th. Seats are limited to the first 50 people.



Valentine's Dinner

Saturday, February 13th

5:00 p.m. & 7:15 p.m. Outdoor Seatings

Come enjoy dinner with friends, family, or your significant other on our beautiful pool deck while listening to live music. Musician Jeffrey Bryer will be singing and performing music from Frank Sinatra and other members of the Rat Pack. The menu and cost per person for this event will be sent in the community weekly e-blast. Reservations for dinner are required in order to accommodate social distancing. Please call The Palms to reserve your table today!



Jukebox Bingo

**Saturday, February 20th
2:00 p.m. - 4:00 p.m.
\$20/person**

Come join us on the pool deck for a game that is a mix between "Name That Tune" and traditional Bingo! Instead of numbers on the Bingo cards, you will be marking off names of songs being played.

There will be four games, with two winners each game. Prizes will be e-mailed to all winners!

The Palms will provide an appetizer menu for you to order from while playing if you want snacks. Food is not included in the cost to play Bingo.

Pay online to reserve your spot today as they are limited to the first 50 people. Masks are required until you sit at your reserved table.



CLUB NEWS

BOOK CLUB

Are you an avid reader? The Polo Trace book club is having virtual meetings at this time. The next meetings are on Tuesday, January 19th and Tuesday, February 16th at 7:15 p.m. If you are interested in joining, please e-mail Arlyne Sternburg at asternburg@yahoo.com.



PICKLEBALL CLUB

The Polo Trace Pickleball Club is a great way to meet others who love the game as much as you do! Whether you are a beginner or an expert, come join us for friendly games. It's an opportunity to stay active while playing against your friends and neighbors. If you are interested in joining, please e-mail George Miller at gkmoged@gmail.com. We hope to see you on the court!

WALKING CLUB

The Walking Club is a great way to get exercise, enjoy some fresh air, and chat with your neighbors! This club is currently meeting every Tuesday, Thursday, and Friday at 7:00 a.m. They walk the paseos for about 50 minutes. No commitment is required and you can show up as your schedule allows! For questions, please contact Dave Berkowitz at (917) 533-5035 or dave.berkowitz@gmail.com.

TENNIS CLUB

The tennis courts here at Polo Trace are second to none! Come join this club to meet others who want to play friendly single and double matches with you! No matter what your level is, we will find a game for you. If you are interested in joining, please e-mail George Miller at gkmoged@gmail.com. We hope to see you on the court!

If you are interested in joining a club, please contact the club leaders. If you want to start a new club, e-mail Jaime. Please note the difference between an HOA event put on by the Lifestyle Director, and club events that are created by club members. The Lifestyle Director will collect money for any HOA event and the event will be open to the entire community, unless otherwise stated.

E-mail Jaime with any questions regarding HOA Clubs

Are you interested in joining a Polo Trace Club? We currently have over 30 clubs in the process of forming! In order to start a club, we need at least three members, including a club leader, with the club's mission statement. Please see the list of clubs below and contact Jaime if you are interested in joining!

- Garden Club
- Mahjong Club
- Canasta Club
- Poker Club
- Travel Club
- Backgammon Club
- Bocce Club
- Softball Club
- Bridge Club
- Art Club
- Coding Club
- Dance Club
- Couples Club
- Beer & Mixology Club
- Jigsaw Puzzle Club
- Wine Club
- Men's Golf Club
- Women's Golf Club
- Couples Golf Club
- Chess Club
- PAN Club
- Bicycle Club
- Morning Coffee Club
- Pop Culture Club
- Men's Club
- Women's Club
- Gin Rummy Club
- Rummikub Club
- Remote Control
Junkies Club
- Scuba Diving Club
- Singles Club
- Fishing Club
- Adult Basketball Club
- PAP Corp Club



TENNIS & PICKLEBALL

From Your *Tennis Director*



Dear Residents,

Happy New Year! It's been a pleasure getting to know some of you on the courts! I am giving both tennis and pickleball lessons along with FREE level evaluations. Please contact me so I can bring your game to the next level! Joining our tennis & pickleball clinics is a great way to get active on the courts. Go online and book your court times on the community website for free play. Please remember to wear your masks while not on the court playing to ensure everyone's safety. See you on the courts!

Best wishes,

Eden Lica

Tennis Events

Valentine's Day Tennis Tournament

Sunday, February 14th from 9:00 a.m. -11:00 a.m.

Bring a partner and join us for a competitive mixed doubles round robin. You can sign up to play with your significant other or a friend. Come out and have fun on our beautiful tennis courts! This event is for intermediate and advanced players. You may bring a guest to play with if needed. Games will be best 3 out of 5, with a mini tie-break game if needed. The cost is \$15 per person. Contact Eden to register.



Visit www.polotrancelifestyle.com to book your court today!

Pickleball Clinics

Beginner's Clinic

Mondays from 6:00 a.m. - 7:30 p.m.

Have you ever played pickleball before? Are you new and want a better understanding of the basics? This clinic will focus on learning pickleball rules, skills, and strategy for levels 1.5 to 2.0. The cost is \$30 per person.

Intermediate/Advanced Clinic

Tuesdays from 9:00 a.m. - 10:30 a.m.

Once you have learned the basics of pickleball, it's time for further instruction! The focus of this clinic will be mastering essential shots, control, and strategy for improved play for levels 2.5 and higher. The cost is \$30 per person.

All clinics require reservations 24 hours in advance and a 24-hour cancellation policy applies. A minimum of 4 players are required for clinics to occur.

You can make payments in person to Eden in the clubhouse office or online at www.polotracelifestyle.com. Visit the Tennis & Pickleball main tab and click Book Courts to sign up for clinics.

Private Lessons

Eden is ready to bring your tennis or pickleball games to the next level! Contact him today for lessons!

\$80 for one hour

\$50 for 30 minutes

**Buy 6 lessons and get 1 FREE for \$480
(Can split between 2 people for \$240 each)**

FITNESS

From Your Fitness Attendant



Dear Residents,

Happy New Year! It is my pleasure to assist you here at The Polo Trace Swim & Racquet Club! I have had the pleasure of meeting many residents and look forward to meeting more of you in the near future! I can help you with the fitness equipment in the gym as well as help you get you signed up for fitness classes, personal training, and physical therapy if needed. My office hours are Tuesday through Saturday from 9:00 a.m. to 12:00 p.m.

Stay healthy,

Pam Longin

Fitness Classes

\$35/month

Monday

9 a.m. – 9:55 a.m.
Fit Camp

9 a.m. – 9:55 a.m.
Water Aerobics

Tuesday

9 a.m. – 9:55 a.m.
Water Aerobics

9 a.m. – 9:55 a.m.
Yoga

10 a.m. – 10:55 a.m.
Water Aerobics

Wednesday

9 a.m. – 9:55 a.m.
Fit Camp

9 a.m. – 9:55 a.m.
Water Aerobics

Thursday

9 a.m. – 9:55 a.m.
Water Aerobics

9 a.m. – 9:55 a.m.
Yoga

10 a.m. – 10:55 a.m.
Water Aerobics



Visit www.polo-trace-lifestyle.com to book today!

Personal Training

Total Health Systems Trainers will help you develop greater flexibility, strength and endurance. Personal training can improve your cardiovascular system and help support sport-specific training such as tennis, golf, and more!

Schedule a FREE fitness evaluation today!

30-Minute Sessions:

10 Sessions = \$450 = \$45/30 mins.

3 Sessions = \$150 = \$50/30 mins.

60-Minute Sessions:

15 Sessions = \$900 = \$60/hr.

10 Sessions = \$650 = \$65/hr.

3 Sessions = \$210 = \$70/hr.

Class Descriptions

FIT CAMP

Fit camp is a fun and energetic class that gives you cardio, toning, and flexible exercises while working on your balance and core stability. This class will be held outdoors until further notice.

YOGA

Yoga is a stretching class with simple breathing exercises and seated meditation. Empower your mind and strengthen your body as you move through a series of poses. This is a slow paced class for all levels. This class will be held outdoors until further notice.

WATER AEROBICS

This class is low impact and swimming skills are not required. It's designed to improve flexibility, range of motion, overall body & core strength, muscle tone, and cardiovascular endurance, while using the resistance of the water. This class is easy on your knees and back, performed to upbeat music!

The Palms

AT POLO TRACE



A Note from The Palms' *General Manager*

Dear Residents,

Happy New Year! It has been a pleasure serving you and your family since opening our doors!

Our wish is that The Palms restaurant becomes a second home to all families. Our promise to you is that we will prepare each and every meal for you as though we are preparing it for our very own family. Your feedback is very important to us, so please reach out at anytime. We look forward to meeting new families this year. Stay safe!

Sincerely,

Matt Morse

Hours of Operation

Monday & Tuesday:

Closed

Wednesday:

12 p.m. - 7 p.m.

Thursday - Saturday:

12 p.m. - 9 p.m.

Sunday:

12 p.m. - 7 p.m.

Weekly Featured Menu

During dinner, enjoy up to 3 additional entree options that are changed weekly. Be on the lookout for these specials in the weekly e-mail blasts.

Weekly Promos

Happy Hour

Wednesday - Sunday
from 4:00 p.m. - 6:00 p.m.

Early Bird Menu

Wednesday & Thursday
from 4:00 p.m. - 7:00 p.m.

Monthly Promos

Sunday Brunch

First Sunday of every month
10:00 a.m. - 2:00 p.m.

Delivery & Takeout

Take advantage of our safe, no contact delivery service!

Pickup:

During restaurant hours of operation

Delivery:

Wednesday - Sunday evenings

(561) 639-7936

THE PALMS EVENTS

Brunch

Sunday, January 3rd

Sunday, February 7th

10:00 a.m. to 2:00 p.m.

Come enjoy breakfast items, a bottomless breakfast option, lunch items, as well as dessert options at The Palms!

Reservations are recommended to accommodate social distancing!



Wine Pairing Event

Thursday, January 14th

6:30 p.m. - 8:30 p.m.

We have had a couple of pairings that have been amazing and we want to continue offering a variety of wines for you to try. Be on the lookout for specific details regarding this event in the weekly e-blasts.





POLO TRACE
SWIM AND RACQUET CLUB

13405 Whistler Mountain Road
Delray Beach, FL 33446

Valentine's Dinner

Saturday, February 13th
5:00 p.m. & 7:15 p.m. Outdoor Seatings

Come enjoy dinner with friends, family, or your significant other on our beautiful pool deck while listening to live music. Musician Jeffrey Bryer will be singing and performing music from Frank Sinatra and other members of the Rat Pack. The menu and cost per person for this event will be sent in the community weekly e-blast. Reservations for dinner are required in order to accommodate social distancing. Please call The Palms to reserve your table today!

